

CYA SAILING LEVELS & KITSILANO YACHT CLUB PROGRAMS



White Sail 1, 2, or 3 Covers the basics of sailing: knots, safety, points of sail, terminology, crewing and skippering skills. Upon White Sail 3 you are invited to join the open dinghy fleet which enables further access the summer season.



Bronze or Silver Emphasizes advanced sailing skills such using the trapeze and spinnaker. Also provides you an intro to advanced sail theory and other fundamentals for racing or cruising.

Youth Kits Sail These weekly non-certification programs give youth an introduction to sailing. Water time will be used to gain new skills and have fun sailing with friends in English Bay.

KYC Thursday Night Racing Casual weekly racing is open to all our students who have completed White Sail 3. These nights are an excellent time to practice your sailing skills and learn the basics of racing in a relaxed setting for skippers and crew. Open to youth and adult sailors.

Tuesday Night Racing Casual weekly racing is open to all our students who have completed White Sail 3 and intro to racing. Tuesday nights are an excellent time to practice your sailing skills and learn the basics of racing. Open to youth and adult sailors.

Introduction to Racing This courses teaches the basic skills needed to safely race a dinghy: starting, sailing for speed, mark rounding, basic tactics, and start signals and flags. Open to youth and adult sailors.

Women's and Girl's Only Dinghy Courses Offered in a private & relaxed environment and is for beginner and advanced students. White Sail to Bronze Sail material will be covered, as appropriate. Certification is optional.

Laser / Radial Skills Beginner and advanced Laser / Radial handling skills including: Sail trim, kinetic movement skills, sail shape, boat setup, and tactical sailing. You will gain sound knowledge of single handed dinghies.

Women's and Girl's Laser / Radial Beginner and advanced Laser / Radial handling skills including: sail trim, kinetic movement skills, sail shape, boat setup, and tactical sailing.

Star Boat Sailing: This intro to an Olympic Class keel boat is for students who have completed White Sail 3 and working on their advanced levels. Please contact the office more information on this new program.

45+ Sailing: This program allows older adults, both new and experienced sailors, to enjoy getting out on the water in a low key, fun environment. Certification optional.

Family Sailing: The program provides lessons for family groups in any of the youth programs.

Custom Sailing & BBQ: If your group is looking for a customized package, teambuilding or special event activity we can facilitate the on-water activities and with catering arrangements. Please contact the office for more details.



Outrigger Canoe This summer learn to paddle in a 6 person Hawaiian Canoe. Equipment and coaching are provided. www.pacificreach.net RSVP pacificreach@novuscom.net



Beach Alert Jr. Lifeguard July and August weekly camps are conducted by the Vancouver Lifeguard Association. Learn lifesaving and lifeguard skills for pool and waterfront. First aid training includes CPR-A. vancouverlifeguards.com

Pleasure Craft Operator Card This card will be required to operate any pleasure craft with a motor after Sept 15th.

VHF Radio This course is required for any person operating a VHF radio. Students will receive their Restricted Operators Certificate, Marine upon completion.

Commodore's Cup This annual youth regatta is hosted at Royal Vancouver Yacht Club at the end of every summer to give young sailors from the Vancouver area the chance to meet and compete for three fun-filled days.

Safety Policy Students must wear approved personal floatation devices (life-jackets), weather appropriate clothing and footwear. Alternative activities will be planned on days of inclement weather: classes will not be cancelled but rescheduled.

Registration You may mail, email or deliver in person to the office at Kits Yacht Club, and it is considered complete when payment is received. NSF cheques are subject to service fees. Refunds are only granted two weeks before the start of the course.

Cancellations Within one week of the start of classes will be subject to a cancellation fee. All efforts will be made to provide instruction during the stated course dates, courses may be cancelled if the minimum class size is not met.

CYA SAILING LEVELS & KITSILANO YACHT CLUB PROGRAMS

Youth Kits Sail: (m-f) 9am-330pm \$200

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|------------------|---------------------|
| 1. Jun 29 -3 Jul | 6. Aug 3 - 7 |
| 2. Jul 6 - 10 | 7. Aug 10 - 14 |
| 3. Jul 13 - 17 | 8. Aug 17 - 21 |
| 4. Jul 20 - 25 | 9. Aug 24 - 28 |
| 5. Jul 27 - 31 | 10. Aug 31 - Sept 4 |

Youth White Sail 1, 2, 3 (m-f) 9am-330pm \$385
Youth Bronze 4, 5 (m-f) 9am-330pm \$550

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|--------------------|--------------------|
| 1. Jun 29 - 10 Jul | 4. Aug 10 - 21 |
| 2. Jul 13 - 24 | 5. Aug 24 - 4 Sept |
| 3. Jul 27 - 7Aug | |

Women's and Girl's Only (m-f) 9am-330pm \$250

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|---------------|--------------|
| 1. May 4-8 | 5. Jul 6-10 |
| 2. May 18 -22 | 6. Jul 20-24 |
| 3. Jun 8-12 | 7. Aug 3-7 |
| 4. Jun 22-26 | 8. Aug 17-21 |

Women's and Girl's Only (sa&su) 9am-330pm \$250

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|--------------|-----------------|
| 1. May 9-17 | 4. Jun 27-5 Jul |
| 2. May 23-31 | 5. Jul 18-26 |
| 3. Jun 13-21 | 6. Aug 8-16 |

Laser / Radial (m-f) 5pm-830pm \$250

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|-----------------|------------------|--------------------|
| 1. Apr 27-1 May | 6. Jun 29-3Jul w | 11. 31 Aug - 4 Sep |
| 2. May 11-15 w | 7. Jul 13-17 | 12. Sep 7-11 |
| 3. May 25-29 w | 8. Jul 27-31 w | |
| 4. Jun 1-5 | 9. Aug 10-14 | |
| 5. Jun 15-19 | 10. Aug 24-28 w | |

**W= Women's & Girl's Only*

Adult White Sail 1, 2 (15hrs) 9am-330pm \$255

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|---------------|------------------|---------------|
| 1. Apr 20- 22 | 8. Jun 8-10 | 15. Jul 27-29 |
| 2. Apr 27- 29 | 9. Jun 15-17 | 16. Aug 3-5 |
| 3. May 4-6 | 10. Jun 15-24 | 17. Aug 10-12 |
| 4. May 11-13 | 11. Jun 29-1 Jul | 18. Aug 17-19 |
| 5. May 18-20 | 12. Jul 6-8 | 19. Aug 24-26 |
| 6. May 25-27 | 13. Jul 13-15 | 20. Sep 7-9 |
| 7. Jun 1-3 | 14. Jul 20-22 | |

Adult White Sail 3 (30hrs) 9am-330pm \$400

Adult Bronze 4, 5 (30hrs) 9am-330pm \$400

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|------------------|-----------------|---------------|
| 1. Apr 20- 24 | 8. Jun 8-12 | 15. Jul 27-31 |
| 2. Apr 27- 1 May | 9. Jun 15-19 | 16. Aug 3-7 |
| 3. May 4-8 | 10. Jun 22-26 | 17. Aug 10-14 |
| 4. May 11-15 | 11. Jun 29-3Jul | 18. Aug 17-21 |
| 5. May 18-22 | 12. Jul 6-10 | 19. Aug 24-28 |
| 6. May 25-29 | 13. Jul 13-17 | 20. Sep 7-11 |
| 7. Jun 1-5 | 14. Jul 20-24 | |

Adult White Sail 3 (30hrs) 9am-330pm \$400
Adult Bronze 4, 5 (30hrs) 9am-330pm \$400

1. Apr 25-3 May	6. Jul 4-12
2. May 9-17	7. Jul 18-26
3. May 23-31	8. Aug 1-9
4. Jun 6-14	9. Aug 15-23
5. Jun 20-28	10. Aug 29-6 Sep

Adult White Sail 1, 2 (15hrs wknds) 9am-330pm \$290

1. Apr 25-26	6. Jul 4-5
2. May 9-10	7. Jul 18-19
3. May 23-4	8. Aug 1-2
4. Jun 6-7	9. Aug 15-16
5. Jun 20-21	10. Aug 29-30

Adult White Sail 1, 2 (m-f) 530pm-845pm \$290

1. Apr 20 - 24	8. Jun 8-12	15. Jul 27-31
2. Apr 27- 1 May	9. Jun 15-19	16. Aug 3-7
3. May 4-8	10. Jun 22-26	17. Aug 10-14
4. May 11-15	11. Jun 29-3 Jul	18. Aug 17-21
5. May 18-22	12. Jul 6-10	19. Aug 24-28
6. May 25-29	13. Jul 13-17	20. Sep 7-11
7. Jun 1-5	14. Jul 20-24	

Adult White Sail 3(m-f) 530pm-845pm \$290
Adult Bronze 4,5 (m-f) 530pm-845pm \$290

1. Apr 20-1 May	4. Jun 1-12	8. Jul 27-7 Aug
2. May 4-15	5. Jun 15-26	9. Aug 10-21
3. May18-29	6. Jun 29-10 Jul	10. Aug24-4 Sep
	7. Jul 13-24	

Intro Learn to Race (m-f) 530pm-845pm \$100

1. Apr 27- 1May	4. Jul 13-17
2. May 11-15	5. Aug 10-17
3. Jun 15-19	6. Aug 24-28

Intro to Star Sailing (t-th) 530pm-9pm \$240

1. Jun 1-11	4. Jul 13-23
2. Jun 15-25	5. Aug 10-20
3. Jun 29 - 9Jul	6. Aug 24-3 Sep

(weekend sessions are also available)

Please Craft Operator Card (t&th) 530pm-845pm \$50*

1. Apr 21-30	4. Jul 14-23
2. May 12-21	5. Aug 11-20
3. Jun 16-25	*25 to challenge exam

VHF RADIO (t&w) 530pm-845pm \$99

1. May 5+6	3. Jul 7+8	5. Sep 1+2
2. Jun 9+10	4. Aug 4+5	

Water Safety Day (sa) 9am-12pm \$30/family

1. Jul 4	3. Aug 1	5. Aug 22
2. Jul 25	4. Aug 15	6. Aug 29

KYC Thursday Night Racing 530pm-845pm
Tuesday Night Racing 515pm-845pm
 Every Thursdays Night from May 7 to September 10th.
 Tuesday Nights from May 7 to August 27th
 Contact office for drop-in and registration information.

Beach Alert Jr. Lifeguard (m-f) 9am-noon \$155

1. Jul 6-10	3. Jul 20-24	5. Aug 10-14
2. Jul 13-17	4. Jul 27-31	6. Aug 17-21