

<p>KITSILANO YACHT CLUB</p> 	<p>The Hailer</p> <p>April 2017</p>
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Racing News

Spring Series

The Janet Stamper Spring racing series is a series of five non-contiguous Sundays, starting March 19th and ending May 28th.

Race Day 2 by Kerry Brann

What a day! We had sun, we had clouds, we had rain (just a little) and a little hail and best of all we had wind. The easterly winds varied in directions as they forced their way through Vancouver's structural landscape and out to the bay. Race PRO, Andy, did a great job of organizing the course with help from Colm and Simeon. We had 5 twice arounds resulting in congrats to Ed and Steve on Osiris for 2 bullets

(bullet equals first place), Kerry and Mark on Magical – 2 bullets and Kent and Oliver on Tyranical (T Rex) – 1 bullet. Some pictures were taken by Colin and Megan from on board their new boat La Galatea.



Magical trying to cast a spell on Pinnical



Osiris in nice form with bow wave



Mainsheet dragging ... there goes a tenth of a knot

Thursday night sailboat racing

Thursday nights at Kits, sailboat racing and socializing, are back starting April 27th!

Our Paddlers brave the elements all year round but the end of April signifies enough warmth and daylight to bring out our sailors and social members. On April 27th, the sun will rise at 5:53 and set at 8:23, giving us 14 hours and 26 minutes of daylight and we deserve every bright minute of it!

April 27th is also the night we will welcome our new caterers, Nelly's Catering (more about our new caterers later in this newsletter).

Looking forward to seeing everyone at the club on the 27th; to cheer on our Paddlers as they continue their season, see our sailors off as they start their season, and enjoy our first 2017 dinner from our new caterers, Nelly's Catering.

2017 Spectator notes

The following articles were written to provide paddlers, sailors, and social members some general information on what to watch for when watching the water at KYC.

Pacific Reach by Carmen Varnel

The **Outrigger Canoe** is a type of canoe that is specially designed to surf in open ocean.

There are 6 seats in the canoe all with specific responsibilities for each paddler. The 6th seat is the Captain and Steersperson in charge of the water direction, surfing and safety of the Crew.

Compared to other types of canoes, outrigger canoes can be very fast and capable of being in very rough waters. The paddling technique is different from dragon boat, kayaks or rowing.

In an outrigger, each paddler will continually switch from side to side / right to left throughout the session. The endurance work, technique and timing is perfected over time for the 6 paddlers to be in sync and blend together to make the boat run in maximum glide and speed to compete.

Around the Globe, there are World Sprint Outrigger Races in 500m to 2000 metres. The long history of Outrigger racing is mainly in marathon distance races ranging from 10km to 100km races. The popular longer distance races are typically conducted in open ocean in the South Pacific, Hawaii, Australia, Cook Islands, California and Europe.

The Pacific Reach paddlers at Kitsilano Yacht Club currently practice 3 times a week in the 6-Man Outrigger on Tuesdays and Thursday nights 6:00pm – 7:30pm, and on Sundays at 9:45am. Please feel free to email Carmen if you would like to drop in as a guest for a session: pacificreachadmin@shaw.ca.



Sailboat Racing 101 for non-sailors...by Menno Bos

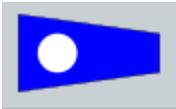
Your Staff Captain thought it would be great to give non-sailors a brief run-down on what's going on out there on a Thursday night race. As Doug Thomas pointed out even on the water in his Ocean Canoe racer it just looks like total chaos out there until it's suddenly not. It's a bit like that but there is method in the madness. There is a classic commentary by an Irish broadcaster on YouTube (I'm sure Colm can help with the translation of a few Irish'isms) covering the last 4 minutes before the start of a Laser Radial race in the 2012 London Olympics Sailing – he's got no idea what's going on – worth a look! 4,725,898 views and counting.... (NSFW - not suitable for work - language).

<https://www.youtube.com/watch?v=3gPjMvTmE2g>



Before the race, the race officer and assistants in the whaler set up the course and will raise a flag on Blackjack to tell the sailors what the course will be. On a Thursday night, it will usually be either this flag:

Flag 1  Once around the course.

Or this one: Flag 2  Twice around the course.

At 6pm the first warning flag will go up with a horn sound. That will be a flag for the kind of boat that will be starting. On a typical Thursday that will be Lightning, 505, or possibly X class. It is up to race officer Andy..

That means there is 5 minutes to go before the start of the race.

At 4 minutes to go the preparatory signal (the Blue Peter) will be hoisted (with a horn blast).



That's this flag: P Otherwise known as "The Blue Peter". Historically, it means "All Aboard! Get Ready to Sail"....

From: <http://www.classic-sailing.co.uk/log/hoist-the-blue-peter>

"Hoist The Blue Peter!"

The Blue Peter flag is hoisted onboard a ship when she is ready to sail and is a signal for all to get onboard as quickly as possible.

The flag is code for the letter P and more properly referred to as Prepare to Sail. Even today all ships carry a whole set of code flags covering the letters of the alphabet and numbers 0 to 9 and can be used as a last resort when all your modern comms have fallen down. The flags are hoisted up a mast in groups and sequences to either spell complete messages or in combinations to mean specific things, a bit like the Ctrl/Click on your computer keyboard. The nick name the Blue Peter comes from its blue colour and Peter because in the old days Peter was the phonetic way of saying P for Peter, nowadays we say P for Papa but that's due to international interference with Rule Britannia."

At 1 minute before the start the Blue Peter is lowered (horn sounds)

At the official start the class flag is lowered (horn sounds). All the sailing around before the official start of the race is a combination of sailing around chatting to kill time, checking out the layout of the course, determining the best position on the line to start, and jockeying for position with the other boats in the race. This looks chaotic until that last minute. Then they're off!

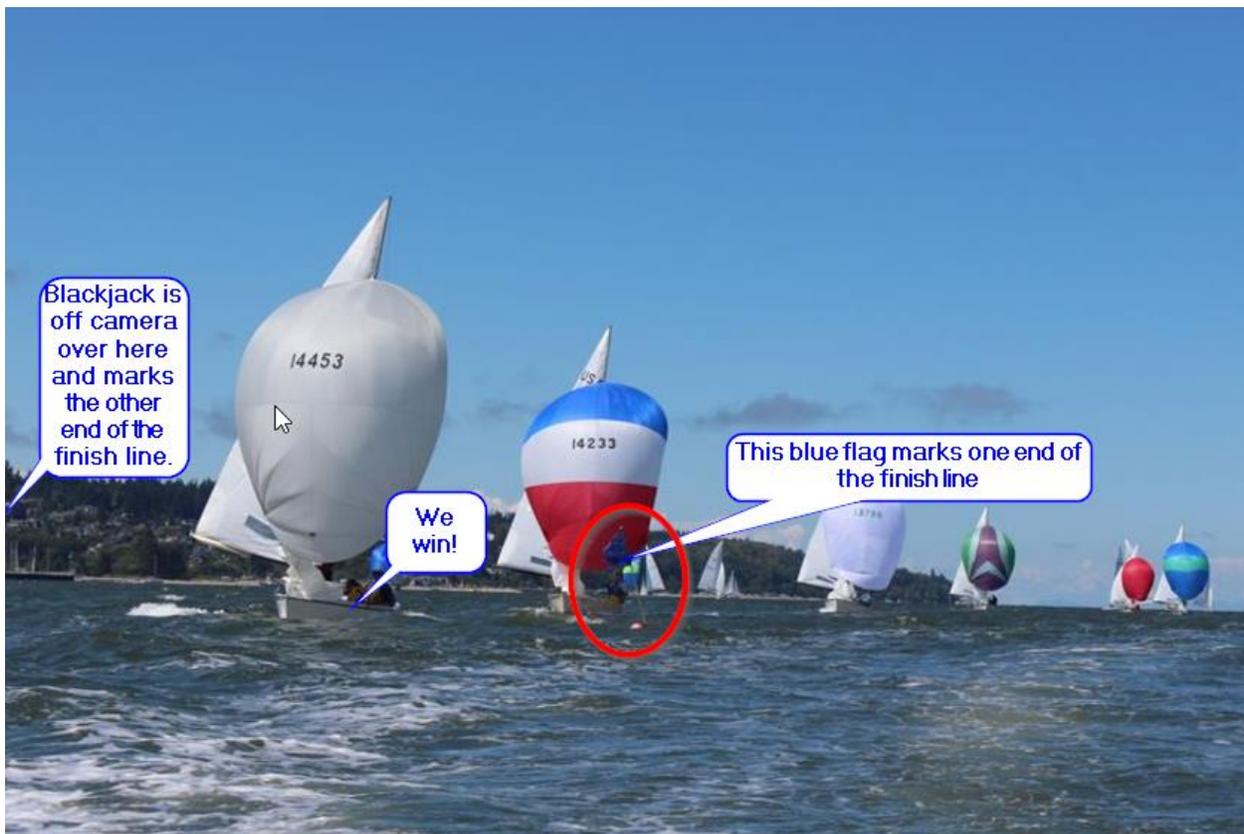




One of these inflatable buoys is anchored directly up wind from the start line and is the windward mark at the end of the first leg of the race. All boats must sail around the mark leaving it to port (counterclockwise). Remember, port is left; as in “Port is a fine red wine stored on the left side of the boat”.

Another one is anchored just in front of Blackjack and must be passed on the right (to port) before finishing. If the race is twice around the course then this mark is rounded counterclockwise while sailing back to the windward mark.

Then the Finish..... 14453 is yours truly at the helm with faithful crew Ury and Tracy at the 2016 Kits Invitational Regatta in one of our better races. ☺



Know your club

The Club bylaws stipulate the Club shall have two ranks of officers, Flag Officers and Honourary Officers. Flag officers are elected, for a one year term, at the KYC Annual General Meeting, held each October. The Flag Officers are Commodore, Vice Commodore, Rear Commodore, Fleet Captain, and Staff Captain.

This is the fourth instalment of Know your Club and the focus is on the position of Fleet Captain. Our Fleet Captain is Chris Duncombe and here is his overview of the job.

The job primarily requires a supervisory position over regatta management and our Thursday night races. Basic race series and race event management involves:

- preparation and publication of the Notice of Race,
- participant registration and entry forms,
- preparation and publication of Sailing Instructions,
- appointment of a Principal Race Officer (PRO) and Race Committee (RC),
- act as a liaison for
 - volunteer requirements,
 - coordination & verification of required on-water equipment,
 - port authority authorization,
 - trophies & awards.
- For the Kits regatta, all the above plus
 - coordination of sponsorship (used for door prizes, etc.),
 - regatta shirts,
 - coordination of catering requirements & equipment (barbeques, kegs, etc.)

The job secondarily requires establishing a good social and working relationship among the various fleets involved in KYC racing. This involves communication with individual fleet captains with respect to races and regattas hosted by KYC.

Club News

505 Fleet

This month, The Hailer is highlighting the 505 Fleet, Fleet Captain is Evan Jennings.

The following is taken from the official 505 website, <http://www.int505.org/the-505/the-boat>:

The 505 is a double-handed boat that incorporates a light weight, high performance hull design with a powerful sail plan and one trapeze. The boat is unique in that it has outstanding performance in all conditions. In light air it is quick and responsive, and in breeze it just goes faster. Planing begins in 10 knots of wind.

The Class Rules are One-Design, with the emphasis on controlling aspects that most directly affect boat speed. The sailplan and hull shape are tightly controlled, while the rigging layout, spars, and the foils are open. This allows the boat to be set up in many ways to suit the sailors; there are several distinct types of

sail and layout combinations from the US, Australia and Europe. The result is that, at any Worlds, all the types will be used by the top 10 finishers, and usually by the top 5. Most US boats currently have adjustable shrouds, forestay, and mast ram, which allows rig tension, rake and bend to be changed while racing. There are many ways to rig the boat; it still takes the best sailors to win.

The 505 class was started in 1954 when the French Yachting Association decided to establish a new One-Design racing class. The boat was designed by John Westell of Britain. The rules for the hull shape and sailplan have not been changed.



505 sailing in English Bay

505 memories from Evan...

When I moved to Vancouver in late 2003, my wife and I and our two very little kids rented a house in Kitsilano at 15th and Yew.

I had sailed in English Bay 16 years before that as part of the Ontario team at the Canadian Laser II championships in 1987. That trip had been my first experience of Vancouver. I remember vividly taking a cab in to town from the airport in the close air of a Vancouver night, smelling the salt water and seeing the towering Laurel hedges along Granville street. I slept the first night on a billiards table at the RVYC wrapped in a spinnaker. (For the rest of the regatta, we were billeted in a frat house on the UBC campus.) Tides, banging the beach and watching out for the lee sides of cargo ships were all new experiences. We placed 5th, which at the time merited a medal. The whole thing convinced me that, one day, I would come back and live in Vancouver.

So, when we arrived, I put myself on the RVYC online crew board and quickly got a note from Brian Trainor from the KYC 505 fleet.

Brian owns a boat called Banshee, built by man named Brett Van Munster, a shipwright and boat builder in Australia. Banshee was shipped to North America by Brian's friend, Paul Von Grey, who is a maven of the Pacific 505 fleet in Oak Harbor, WA. Starting to sail with Brian was an entrée into a tight knit community that spans the entire West coast of North America, reaches across Canada and indeed extends around the globe. The 505 is truly a international class. (You can learn more about it in the history found on int505.org and written by Ali Meller.) The people in the fleet are some of the most welcoming you'll ever find.

Co-op Fleet by John Lavery

Here is an update on some exciting changes at the KYC Co-op.

First some background, the KYC Co-op provides members with the opportunity to get out on the water to sail or paddle without the expense of owning a boat or board. For \$170 (plus GST) per year, Co-op members can access a variety of single and double handed sail boats (Lasers and a 505), sit on top kayaks, and a number of paddle boards.

New this year, the Co-op has purchased two 420 double handed sail boats from Royal Vancouver Yacht Club (in the pictures below you will see Royal Vancouver YC still appears on the sails) and has acquired two 14-foot paddle boards as well as another sit on top kayak.

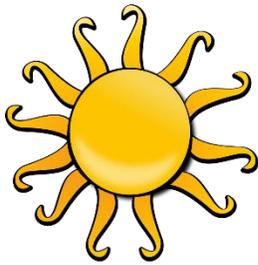
The Co-op also has some great opportunities to put in volunteer hours and learn new skills through boat and board maintenance and repair.



This sit on top kayak was recently donated to the KYC Co-op.



One of the Co-op's new 420 arrives at KYC on April 6th



A pale, spring sun poked out from behind the clouds as the sails went up on one of the new 420 sailboats. John took several pictures for The Hailer.





Sea Cadets by John Nosotti

Three cadets that were regular attendees of the Thursday night sailing activities at KYC are off to Victoria this weekend to compete for positions on the Regional Competition Team. Members from the successful Regional Team will then be selected to form the National Team that will compete in Kingston, Ontario this upcoming August for the national championship.



Diana, Marco and Joey

The three members are: Diana Liang, Marco Tom and Joey Sekulovich. We wish them well in their quest for a position on the national team. If you recall, Diana is also last year's KYC winner of the most improved junior sailor in the club.

Update from the Victoria competition - Joey was part of the second-place team and he will be going to the National Competition in August at Kingston. Diana was part of the 5th place team and she is the official standby if anyone from the top four cannot make it to the national competition.



Joey and Team Two



Diana and Team Five

We are at the beginning of a new season and the club now has two 420's for the cadets to practice with every Thursday night. These are used boats and will need some repairs to get them in racing shape. We will post updates on the refurbishing of the 420's and the success of the cadets to compete and win in local competitions on the BC Sailing Circuit.

The Greater Vancouver Branch of the Navy League will soon be starting a Restricted Radio Course for Marine VHF users. Our focus will be on cadets and our helpers who support the cadets on the water. Currently the Branch is completing construction modifications on a new RHIB to use as a safety boat. You may see this boat over for the Thursday night sailing event as we alternate between the Boston Whaler and this new boat.

Kits Chronicles by Barbara Dill

Opening Day

Yacht Clubs traditionally begin the sailing season with a sail past ceremony saluting the Commodore usually followed by a tea and sometimes a dance.

Kitsilano Yacht Club has followed this tradition since its inception. The first Sailpast and tea coincided with the dedication of the clubhouse in 1937 and was attended by the mayor of Vancouver.

In the past, the Coast Guard, Vancouver fireboat and commodores of other local yacht clubs were invited to participate in Sailpast and members of the Parks Board were invited to the tea.

Every member with a boat on the dock or in the yard was expected to participate in Sailpast. Commodores sometimes required a letter of apology and explanation from those who did not have their boats in the water for Sailpast.

Some Sailpasts were especially memorable. In 1969 Don Tyrell provided the readers of the Vancouver Sun with the following description of the KYC Sailpast.

“Sunday the club put on a bang-up show saluting Commodore Ross Boyer”

Commodore Boyer elected to take his salute aboard a large, borrowed barque, the Monte Cristo, rather than his own 13footEnterprise. The “bang-up” comment referred to the cannon with which Commodore Boyer signaled the start of Sailpast.



Figure 1 Sailpast memory from the 1970s - photo shared by Collette Coleman

Message from the Staff Captain

Welcome our new caterers - Nelly's Catering!

Members who attended the delicious March 30th dinner, have already met Nelson and Ed in person. They kindly provided us with a little background information.

Nelson Ma has been a restaurateur, specializing in diner food, since 1992 and started with Joe's Grill. He moved, in 2014, to Nelly's Grill on West 4th.

Our Chef, Ed Lee, took his culinary training at Vancouver Vocational Institute and gained his experience working at the Hyatt Regency, Fantasy Gardens Catering Department, the South Granville Senior's Centre, and Nelly's Grill. Ed has provided a number of sample menus including all kinds of food but his specialties are BBQ meats, comfort foods, Asian fusion, and coffee art. When Ed is not catering, he enjoys aerial drone photography, RV camping, DJ music, and is a gadget junkie. Ed also owns a mobile music deejay service company providing music and lighting for various events.

Watch your mailbox for the April 27th dinner invitation!

Starting this season, the last Thursday of each month is going to be a themed dinner and our April theme is Welcome Spring! (or, if you think it more appropriate, “Thank Goodness that Horrible Winter of 2017 When Vancouver had More Snow Than Calgary has Finally Ended” theme).

There will be No Snow; the deck will be open; there will be Spring decorations and I invite everyone to put away their winter boots, winter colours and winter weight fabrics and bring out the spring colours – bright colours, pastels, and neons, floral prints, seer sucker suits and, yes, even white shoes – bring ‘em all on! Even if we have to wear woolies and long john’s underneath and spring rain boots over top!

Come and celebrate Spring, sunshine, the promise of warm weather, and being back at KYC!

Here is our spring menu for the evening:

Broccoli Soup with Goat Cheese & Walnut Garnish
Your choice of Sous Vide Wild Salmon - Cream Dill and Parsley sauce

or

Seared Roasted Pork Tenderloin with Garlic and Fennel
Honey Mustard sauce or Balsamic Mustard

Both entrees served with

Roasted Tomatoes and Charred Romaine with Garlic Dressing
Mashed potatoes

Fresh Fruit Tray for dessert

The cost is \$17.50 per person, cash payable to the caterer.

RSVP to KYCdinner@gmail.com by 5p.m. on Tuesday, April 25th and please include your choice of main course.

Sail Past – Saturday, May 6

You will be receiving your invitation to Sail Past soon.

While the Fleets are saluting the Commodore, KYC volunteers will be setting up the Clubhouse for our traditional Sail Past pot luck tea. The bar will be open, tea will be served, and tables will be set-up to accept all the savory and sweet treats.

Interesting gizmos and gadgets from Pacific Yachting, April 2017. This month's edition had three really good ideas for sailors and non-sailors alike.

From shurhold.com, a grate that sits in the bottom of the bucket and allows the grit and grim of the dirty water to fall to the bottom, below the grate, leaving the water above cleaner. The grate also acts to clean brush bristles.

Sea Snap oversized boating clothes pins come in fun colours and would be great for many uses. From the website, "Even wet towels hang securely on rails or lines with Sea Snap nautically inspired clothes pins from Bernard Engraving.

The plastic pins have been completely redesigned with bigger teeth for more gripping power. A wide hook allows Sea Snap to hang from railings measuring 3/4" to 1-1/4", including shower rails at home. Laundry also can hang securely from lifelines and other rigging." You can see more about these clothes pins at <https://bernardengraving.com/product/sea-snap/>.

An option for sailing footwear? Sebago offers Cyphon Sea Sport shoes. The website says they are water-resistant, no-sew technology, mesh uppers help contribute to the lightweight durability, elastic bungee lace system with locking toggle for easy on/off. It highlights "cross channel circulation" which forces water that has entered the shoes out the bottom with each step. You can find out more here <http://www.sebago.com/US/en/cyphon-sea-sport/27000M.html>.

staffcaptainkyc@gmail.com

I now have my own email address, staffcaptainkyc@gmail.com and I look forward to hearing from you. If you have any suggestions or comments about social activities at KYC, please let me know.

Never too soon to think about the Kits Invitational! If you have any pictures or memories, please send them to me at staffcaptainkyc@gmail.com.

Mark your Calendar

Thursday, April 27 – The start of Thursday night racing and dinners

- This season, the last Thursday of each month will have a theme. Come join us on April 27th and Celebrate the arrival of Spring!

Thursday, May 4 – Thursday night racing and dinner

- This season, the first Thursday evening of each month will be Comfort Food and Craft beer. If you have a favourite local craft brewery, please let me know at staffcaptainkyc@gmail.com.

Saturday, May 6 – Sailpast

- Keeping with tradition, all KYC fleets will open the season by sailing past our Commodore and then taking tea in the Clubhouse. Watch your inbox for the official invitation.

All About Flags

From How to fly flags Canadian Power & Sail Squadrons | 1st edition 2005

Flags are signals. Each one conveys something specific about your boat or its personnel, whether it be nationality, maneuvering situation, club affiliation, office held, or any number of other things. Each flag has a specific location where it is worn, and a specific time during which it can or should be flown.

Simply stated, the order of preference follows from the highest organization to which you bear allegiance, i.e., Canada, down to yourself.

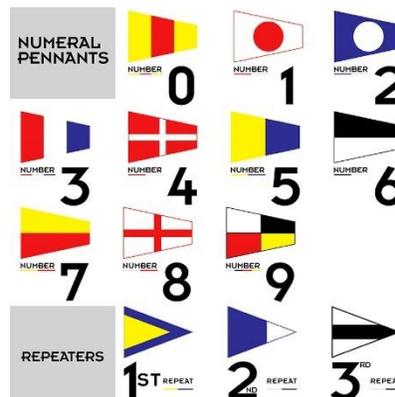
The highest point of honor on your boat is always reserved for the national ensign. Every other flag should be worn at a lower point of honor, even when you are not flying the national ensign.

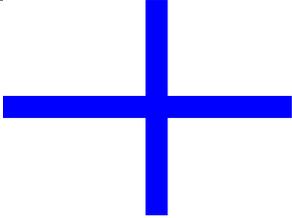
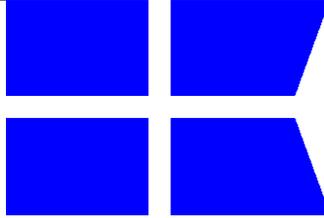
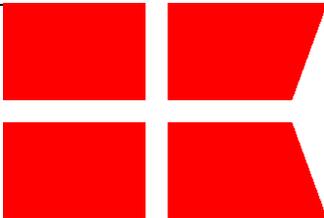
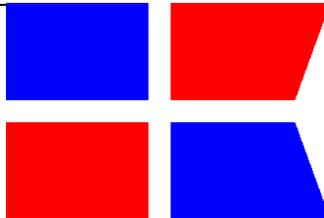
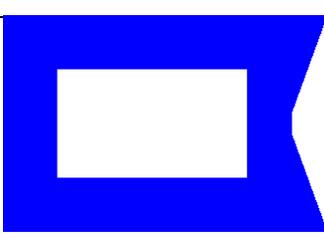
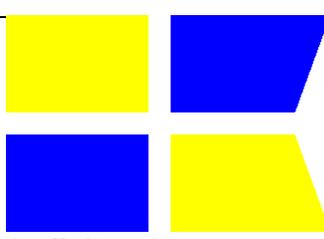
Squadron and yacht club pennants and burgees are usually triangular with a unique design symbolic of the organization represented.

Do not display more than one burgee or pennant at a time. The pennant or burgee your vessel wears should be that of the group in which you are participating or whose harbour you are entering if you are a member of that group.

On sailboats, the club burgee is positioned at the truck of the main mast. An officer or personal flag is worn at the after masthead on yawls and ketches and at the forward masthead on two-masted schooners.

On special occasions such as Canada Day, a Sail Past etc., yachts and boats that have a set of International Code Signalling Flags may dress ship. The set consists of 40 flags representing letters, numbers, and other signals. A vessel is dressed only while not underway, although it may also be dressed for unique situations such as parades and the vessel's maiden and final voyages.

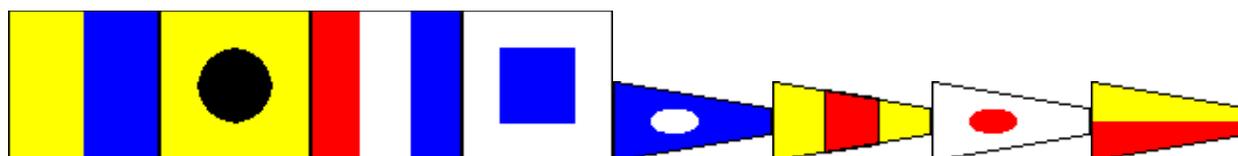


 <p>Commodore – Brian Trainor</p>	 <p>Vice Commodore – Mark Kelly</p>
 <p>Rear Commodore – Sheridan MacRae</p>	 <p>Fleet Captain – Chris Duncombe</p>
 <p>Past Commodore - Evan Jennings</p>	 <p>Staff Captain - Rosemary McCallum</p>

Above flags copied from <https://flagspot.net/flags/ca@yacht.html#officer>

April Quiz – In honour of Sailpast and open to KYC members of all ages:

Can you translate this flag message?



Find the answer at Sailpast on May 6th!

Contact Us

Do you have suggestions or comments you would like to share? Your feedback is welcomed whether we are doing something well or if there is something we could be doing better. Feedback is important as it helps us to make positive changes and, we need to hear from you. Our General Manager, Colm Webb, would like to receive your comments.

Colm can be reached at manager@kitsilano yachtclub.com or 604-730-1646. Colm can also take your feedback confidentially if you wish.

The Last, Silly Word...

What lies on the bottom of the sea and shakes?

A nervous wreck